

POLAND FOOD

CATALOGUE OF PRODUCTS



POLAND FOOD

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PF NUTRITION

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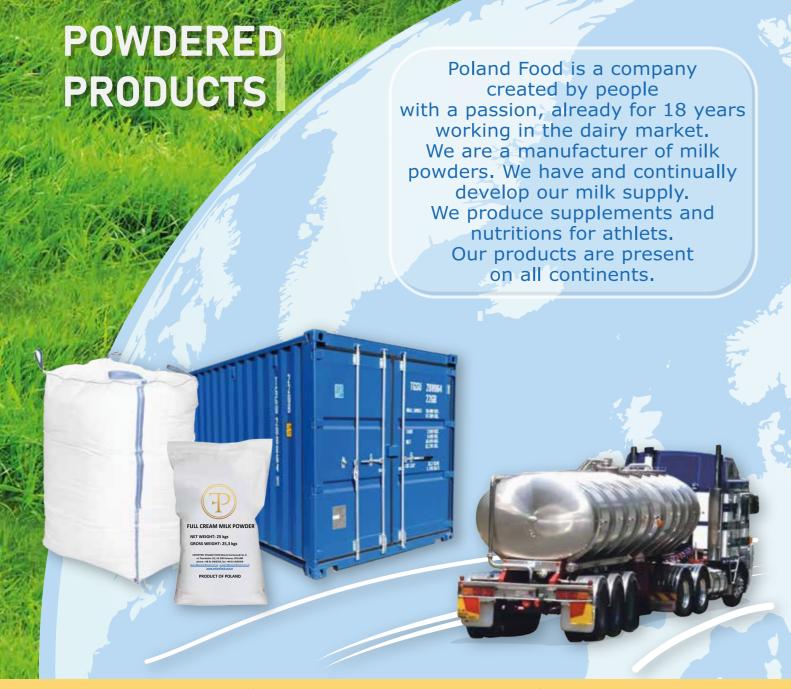






www.polandfood.com.pl





WPC 34

· Fat Filled Whey Powder

Quality. We offer high quality services in accordance with international standards and national legislation.

We cooperate with leading manufacturers of dairy and food products both on the domestic and foreign market.

They hold a certification of the integrated quality management system based on ISO 9001/2000 and HACCP.

Our headquarter is based in Gniezno - the first capital of Poland.

Our motto is a partnership approach to business, innovation and continuous improvement. We invite you to cooperation - check us!

From 15th of December 2011 we participate continuously in the Reliable Company program and provide a range of information to demonstrate our credibility. At the request of our partners and customers we provide registration information, data about decision making people in the company and obtained achievements.

Milk purchase. Vibrant and dynamic development of Poland Food would not be possible without the participation of milk producers.

We pay always on time, we talk with each manufacturer individually. Payment for milk is always until the 15th of the following month.

We offer very favorable prices, help in the development of farms by assisting in the purchase of dairy cows and milk production equipment.

We handle all the paperwork for you regarding the signing of the agreement with us.



· Sweet Cream

FULL CREAM MILK POWDER (MILK FAT) (REGULAR, INSTANT)	FAT FILLED MILK POWDER BLENDS (VEGETABLE FAT)	INSTANT FAT FILLED MILK POWDERS (VEGETABLE FAT)	SKIM MILK POWDER BLENDS	YOGHURT POWDERS	CREAM POWDER
 FCMP 26/26 FCMP 26/20 FCMP 26/16 FCMP 26/10 IFCMP 	 FFMP 28/24 FFMP 28/15 FFMP 26/24 FFMP 28/12 FFMP 26/20 FFMP 26/14 FFMP 26/10 	• IFFM 28/26 • IFFM 28/12 • IFFM 28/24 • IFFM 28/10 • IFFM 28/20 • IFFM 26/24 • IFFM 28/18 • IFFM 26/20 • IFFM 28/15	 SMP SMP Codex SMP for ice cream 30/1,5 SMP for ice cream 26/1,5 SMP for ice cream 16/1,5 	Yoghurt Powders 33%Yoghurt Powders 23%Yoghurt Powders 17%	 Cream powder 42/20 Cream powder 38/10 Buttermilk powder Filled Buttermilk with vegetable fat
W/// W// W// W// W// W// W// W// W// W/					119.575 CO.

WHEY PROTEIN WHEY PROTEIN **BASE WHEY POWDER CONCENTRATE CASEIN LACTOSE PERMEAT** LIQUID PRODUCTS ISOLATE FOR ICE CREAMS (REGULAR, INSTANT) Sweet Whey Powder Buttermilk • WPC 80% Skimmed Milk Demineralized Whey Powder · Whey Permeat Powder · Hard ice cream coconut Acid Technical Casein • WPC 70% WPI 90% Lactose Whole Milk 90%, 70%, 50%, 40% Soft ice cream coconut · Milk Permeat Powder • WPC 60% Rennet Casein Whey Acid Whey Powder



U	HT MILK	
•	3,5% fat	
•	3,2% fat	
•	2,0% fat	
•	1,5% fat	
•	0,5% fat	

BUTTER

UHT CREAM

• 36% fat

• 30% fat

• Unsalted 82% fat: 200 g, 250 g, 5 kg, 10 kg, 20 kg, 25 kg

- Salted
- Anhydrous Milk Fat

CHEESE

- Swiss type cheeses (Maasdam, Emmental)
- Dutch type cheeses (Gouda, Edam)
- Kashkval Cheese
- Mozzarella Cheese
- Analog cheese

VEGE PROCESSED CHEESE

cube 100 g, cups 150 g

Flavors:

- Gouda flavor cheese
- Tylzycki flavor cheeseEdam flavor cheese
- Tomato flavor cheese
- Cheese with hamCheese with paprikaCheese with chives
- · Creamy flavor cheese
- Basil tomato flavor cheese
- · Cheese with black seed
- · Cheese with paprika



NITROGEN BOOSTERS. PRE-WORKOUTPREPARATIONS



AAKG 180 TABS

- A powerful muscle pump.
- Accelerates regeneration and improves stamina.
- Increases sexual performance.



CAFFEINE **EXTREME ENERGY 90 TABL**

Caffeine is a high-quality product containing the right dose of caffeine to stimulate the body and increase concentration.



SPEED 500 g

- Powerful pump, a boost of energy, motivation,

in four juicy flavors: blackcurrant, lemon, orange, strawberry.





CREATINE 500 g

- Increases strength and accelerates muscle arowth.
- Does not contain unnecessary additives and fillers.
- Micronized formula (200 mesh).



TRI CREATINE MALATE 500 g

- Highest quality creatine malate.
- Increases strength and accelerates muscle growth.
- Does not contain unnecessary additives and fillers.
- Excellent digestibility and excellent taste.
- The product is available in four juicy flavors: lemon, blackcurrant, orange, strawberry.

TESTOSTERONE BOOSTERS



TRIBULUS TESTOSTERONE 90 TABS

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Tribulus is an extract of tribulus terrestris, which contains 60% saponins. Tribulus Testorone Power is intended for active rnen and its task is to increase the natural testosterone level.

- stirnulates the secretion of testosterone
- increases strength and rnuscle rnass
- increases training efficiency
- affects better post-
- -workout regeneration
- increases libido increases sexual performance

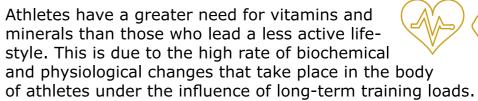
VITAMINS AND MINERALS



VITAMINS FORTE 60TABS

Vitamins Forte is a complex of vitamins and minerals necessary for the proper functioning of the body.

- accelerates the regeneration process in the muscles
- increases physical and mental performance



The effect of these changes is a faster loss of vitamins and minerals and the associated risk of deficiencies. Chronic deficiencies can slow down the regenerative processes in the muscles and cause a general decline in physical and mental performance.

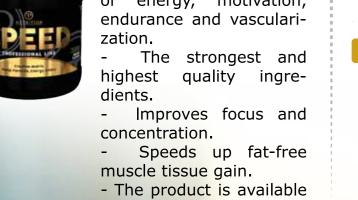
CARBOHYDRATE -PROTEIN NUTRIENTS





MUSCLE PACK 2000 g

- The high content of balanced protein and high quality carbohydrates.
- A small amount of fat.
- Professional help in balancing the daily diet.
- Speeds up the process of scooping lean muscle mass and strength.
- it is an excellent solubility in four elaborate, delicious flavors: vanilla, strawberry, chocolate and banana.





PF NUTRITION SUPPLEMENTS FOR ATHLETES

The company PF NUTRITION was based on the company POLAN D FOOD, a leading manufacturer of milk powder in this part of Europe.

The experience and specialization in the production of raw materials using for protein supplements and years of owners sport activities influence on the decision to bring on the market our own line of supplements for athletes PF NUTRITION. Invitation to cooperation the enthusiasts of sports, bodybuilding and a healthy lifestyle allowed to bring on the market a highly refined, luxurious line of supplements based on the highest quality raw materials.

The quality of protein products offered by us is controlled at an early stage, starting from the milk from our own milk supply till the laboratory tests of the finished product.

If you are a competitive athlete, freak in your discipline, you simply working on yourself or you want to achieve better results, you are aware of the needs and limitation of your body, you need a proven, safe and effective supplementation PF NUTRITION Professional Line was created just for you.

PROTEIN NUTRIENTS



ISOLATE 159 908 g

- The purest whey protein isolate.
- High amino acid concentration in a portion 6.53 g
- Minimum content of lactose, fat and carbohydrates.
- Instant recovery after a hard workout
- excellent solubility in three delicious flavors: vanilla, strawberry, chocolate.







WHEY PROTEIN 900 g, 2000 g, 4000 g

- High protein content more than 23 g per serving.
- A high concentration of branched chain amino acids acting anabolic.
- High-quality source of protein in the diet of the athlete.
- Great solubility.
- Five delicious flavors: vanilla, chocolate, cookie, salty cararnel and white chocolate-raspberry.

AMINO ACIDS



BCAA 8:1:1 ANABOLIC 400 g

- Extremely anabolic ratio of amino acids 8: 1: 1 (higher concentration of L-leucine).
- Effective protection against catabolism training.
- Intensifies anabolism.
- Accelerates regeneration and muscle mass.
- Based on high-quality instant raw material excellent solubility.



BCAA 500 g

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- High content of BCAA amino acids branched
- Huge addition of 1- glutamine and taurine.
- Effective protection against catabolism, intensifies anabolism.
- It accelerates regeneration after exercises and increase muscle mass.
- Based on high-quality instant raw material excellent solubility.
- The product is available in four juicy flavors: lemon, blackcurrant, orange, strawberry.

CARBOHYDRATE NUTRIENTS



CARBPACK 1500 g

- A carefully selected complex carbohydrates with different glycemic index.
- Is enriched with magnesium, L-arginine and vitamin 86.
- Accelerates regeneration, releases energy for intense excercises.
- The product is available in four juicy flavors: lemon, blackcurrant, orange, strawberry.



BABY MILK POWDER

Since 2016 year, POLAND FOOD company has offered milk powder for babies and children.

The production plant is FSSC 22000 certified and Halal certified.

We produce milk in 400g tins, 900g tins and in 25 kg bags. Our brands are MILAMIL GOLD, MILAMIL VIT, LAPILAC GOLD and LAPILAC VIT.



Milamil 1 400 g

is infant milk for infants from birth, when the infants are not breastfeeding.

Milamil is a great blend of ingredients: GOS/FOS, DHA, ARA.



Milamil 2 400 g

is follow on milk for infants over 6 months,

when the infants cannot be breastfeeding.

Milamil is a great blend of ingredients: GOS/FOS, DHA, ARA, VITAMINS: A, C, D, Fe, CALCIUM,

DHA Influence on the development of eyesight. GOS/FOS composition of

oligosaccharides.

VITAMINS A, C, D the

proper functioning of the irnmune system. ARA for the proper brain development and its neural tissues.



Milamil 3 400 g

modified milk for children over 12 months.

Milamil is a great blend of ingredients: DHA, VITA-MINS: A, C, D, Fe, CALCIUM, MAGNESIUM. DHA Influence on the development of eyesight. VITAMINS A, C, D the proper functioning of the immune system.

Milamil 4 400 g

modified milk for children over 24 months.

Milamil is a great blend of ingredients: VITAMINS: A, C, D, Fe, CALCIUM, MAGNESIUM VITAMINS A, C, D the proper functioning of the immune system.





Modifiedmilk for children over 12 storeths



Milamil Vit 1 400 g

is infant milk for infants from birth, when the infants are not breastfeeding.

Milamil is a great blend of ingredients: VITAMIN A, VITAMIN D, VITAMIN E, VITAMIN K, VITAMIN C, VITAMIN B6, FOLID ACID, VITAMIN B12, BIOTIN, CALCIUM, IRON, SODIUM.

Milamil Vit 2 400 g is follow on milk for infants

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